

Strawberry Vale Elementary

Colquitz River Watershed, BC

Watershed Citizens

The students at Strawberry Vale Elementary did activities that focused on their role as citizens of the watershed and how they could have a positive impact on the local watershed and the Pacific Ocean.

The students created natural homemade shampoo, conditioner, deodorant, dishwasher detergent, and weed control to reduce chemical use. They shared these as gifts with friends, family and the school community, encouraging mindfulness about the impact of our product choices on our waterways.

The class did a cleanup of their neighbourhood, local streams and local beaches to reduce shoreline litter and reduce the amount of plastic that ends up in our waterways and oceans. They also wrote letters to politicians about their concerns around a variety of environmental issues including plastic in our water, ocean pollution and acidification.



Students from Strawberry Vale showing off their homemade beauty products.

More About Watersheds

Healthy watersheds are vital to sustaining all life on Earth—from wild plants to animals to people. They are the source of our drinking water, and they supply the water needed on farmer's fields to grow our food. Every watershed is different, shaped by variations in geology, weather, ecology and human activity. The more we understand about our watershed, the better chance we have of sustaining a clean and healthy water supply.

Grade: 4 and 5

Teacher: Kiersten Brookes

Dive A Little Deeper

Visit the links below for more information:

[Look Inside a Watershed: It's All Connected](#)

Learn what you can do to protect your watershed with these suggestions from the Capital Region District of Victoria.

[Growing Green Brochure](#)

Learn how to maintain your lawn and garden without chemicals with these ideas from the Capital Region District of Victoria.

[Homemade Natural Cleaning Products](#)

Reduce your chemical use around the house with these homemade cleaning product recipes from the Food Network.

"We learned that we need to care for our watershed and... that anyone can make their own personal products and detergent and be healthier, and not produce toxins for the environment... and save money at the same time"

*Kiersten Brookes, teacher
Strawberry Vale Elementary*



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Project**